# **Health and Safety Policy**

It is my policy to promote and ensure the good health and safety of children in my care in line with the requirements laid out in the EYFS Framework, and Health and Safety Executive.

# Procedure (how I put the statement into practice)

## Safety and suitability of premises, environment and equipment

In order to ensure children's safety in my setting I have a range of safety equipment e.g. stair gates, which are regularly checked to ensure they are in good repair.

My smoke alarms are tested regularly and fire drills are carried out and recorded. I have a fire blanket in my kitchen and children and parents are aware of my emergency evacuation procedure.

My premises are secure to ensure children's safety and prevent intruders and I have a procedure for checking the identity of visitors.

I have a risk assessment policy that details how I manage and assess risk and an outings policy that details my procedure whilst away from the setting.

I have emergency contact details with me at all times should I need to contact the parents.

I will work with you to teach the children about safety issues like crossing the road and stranger danger.

I will restrain a child if they are putting themselves or others in danger, for example running into a road.

All equipment used in my childminding business is regularly checked for damage and wear and tear and replaced when necessary, for example high chairs, buggies, cots.

All toys will be checked and cleaned regularly to ensure they are safe for your child to use. Any broken or hazardous toys will be removed immediately. Children will only be offered toys and resources that are suitable for their age/stage of development

My car is regularly serviced has an up to date MOT and insured for business use.

All car seats are checked regularly and used correctly in accordance with seat belt regulations.

All gardening equipment is locked in the garage, and dangerous plants have been removed.

I hold a current local authority approved paediatric first aid certificate.

### Health

I hold a basic food hygiene certificate.

I encourage children to learn about good hygiene by promoting regular hand washing.

When providing meals and snacks children are encouraged to make healthy choices and the benefits of an active lifestyle are promoted, e.g. access to outdoor play daily.

Baby changing mats are cleaned after each use.

Sleeping children will be regularly monitored and I use a baby monitor as well

I have registered with my local environmental health department, and ensure correct storage, hygiene of food preparation areas and preparation of food.

I ensure that the children do not have access to any waste, the bins are emptied daily and any used nappies are double wrapped and placed in the outdoor rubbish bin

All areas accessible to children including toys and equipment are regularly cleaned.

This policy also links with my accident and emergency procedures, illness, risk assessment, no smoking and outings policy.

### This policy supports the following requirements and standards:

### England

Meeting the Early Years Foundation Stage Safeguarding and Welfare Requirements Safety and Suitability of premises, environment and equipment, Safety